JUNK REMOVAL / 01

WHAT GOES. WHAT STAYS.

List items by room. Use another copy of this page for a larger cleanout.

A helpful preparation resource from PickYourPro.ai. Fill in digitally or print. Keep your completed copy private.

Areas included / areas excluded from this pickup

Item or group 1: quantity / location / remove, keep or undecided

Item or group 2: quantity / location / remove, keep or undecided

Item or group 3: quantity / location / remove, keep or undecided

Items that must stay / how I will identify them

Who can approve removal / decisions still needed

Preparation only. Confirm item acceptance and local disposal arrangements.

JUNK REMOVAL / 02

PLAN THE PATH TO THE TRUCK

Describe access as it is. Ask the crew what preparation is appropriate.

Floor level / stairs / elevator arrangements

Parking or loading area / entry point / access restrictions

Narrow openings, gates or long carrying routes to discuss

Heavy or awkward items / disassembly or disconnection questions

Preferred pickup windows / building contact if needed

Photos I can share / details the company still needs

Preparation only. Confirm item acceptance and local disposal arrangements.

JUNK REMOVAL / 03

BEFORE PICKUP DAY

Tick items once discussed or confirmed. Leave uncertain answers open.

- [ ] Inventory and photos match what I want removed
- [ ] Keep items and undecided items are clearly identified
- [ ] Other owners have confirmed what I may remove
- [ ] Company has reviewed access and parking details
- [ ] Uncertain materials are disclosed and acceptance is confirmed
- [ ] Disassembly, disconnection and cleanup responsibilities are clear
- [ ] Changes and extra work require a discussion before proceeding
- [ ] Pickup window and final walk-through are arranged

Items awaiting acceptance / company or local program to ask

Requested donation or recycling plan / what is actually confirmed

Final walk-through contact / remaining questions

Preparation only. Confirm item acceptance and local disposal arrangements.

JUNK REMOVAL / 04

QUESTIONS FOR THE HAULER

Write the answers you receive. Do not fill gaps with assumptions.

Accepted items and exclusions: what will you take?

Estimate basis: what information have you used?

Loading, stairs, disassembly and sweeping: what is included?

Changes: what could change the scope or amount, and how is it approved?

Donation or recycling: what is offered and documented?

Before loading: who confirms the removal list with me?

Preparation only. Confirm item acceptance and local disposal arrangements.

JUNK REMOVAL / 05

COMPARE THE SAME PICKUP

Use A and B in each box. Compare the same inventory and access conditions.

Company A / Company B / proposal dates

Accepted inventory, exclusions and disposal arrangements - A / B

Loading, preparation and cleanup included - A / B

Written total, possible changes and timing - A / B

READY TO HEAR FROM PROS?

Create an account on PickYourPro.ai and start a junk removal request. Share your inventory and access notes so participating pros can compete for your business with proposals. Compare included items, loading, cleanup, timing and pricing.

Start a request

One request. Every pro's best offer.

Participation varies. An inspection or diagnosis may be needed before a final proposal.

Planning guide: https://www.pickyourpro.ai/services/junk-removal

EPA: Household hazardous waste (official reference)

EPA: Common recyclables (official reference)