MASSAGE THERAPY / 01

BUILD THE NON-MEDICAL APPOINTMENT BRIEF

Use general labels only. Keep addresses, health details and other personal information in an appropriate private channel.

A helpful preparation resource from PickYourPro.ai. Fill in digitally or print. Keep your completed copy private.

Appointment A / mobile, studio, event or recurring / no address

Preferred date or time window / duration question

Location type / setup or accessibility question / no address

Preference A / comfort or communication preference / not a technique prescription

Privacy or boundary question / discuss directly with provider / no body-map detail

Private Follow-up A / health or suitability topic exists / no details here

Preparation only. Not medical, health, diagnosis, treatment, technique, suitability, credential, privacy, contract or legal advice. Keep all health details out and ask qualified professionals privately.

MASSAGE THERAPY / 02

MAP ROLES AND COMMUNICATION

Ask providers to explain their own practices. Keep health and suitability details in private professional conversations.

Provider A / role, training or credential question / no interpretation

Arrival, access or setup contact role / no address or access secret

Communication A / how requests to pause, change or stop are handled

Equipment, supplies, linens and cleanup responsibilities

Booking, cancellation or rescheduling terms question

Follow-up record or information / what is provided / secure channel if needed

Preparation only. Not medical, health, diagnosis, treatment, technique, suitability, credential, privacy, contract or legal advice. Keep all health details out and ask qualified professionals privately.

MASSAGE THERAPY / 03

CHECK THE APPOINTMENT PACKET

Tick what is organized. These checks do not decide health suitability, technique, credentials or treatment.

- [ ] Format, duration and location type use neutral labels
- [ ] The public brief excludes personal and health details
- [ ] Preferences are non-medical and do not prescribe a technique
- [ ] Suitability questions are routed to private professional conversations
- [ ] Provider role, training and credential questions are recorded without interpretation
- [ ] Communication, privacy and boundary questions are visible
- [ ] Setup, booking and follow-up responsibilities can be compared
- [ ] No treatment benefit, diagnosis or health conclusion is recorded

Appointment or setup question still open / provider to ask

Private health or suitability question exists / appropriate professional / no details

Communication, booking or follow-up term still open / responsible role

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MASSAGE THERAPY / 04

QUESTIONS FOR THE MASSAGE PROFESSIONAL

Ask every provider the same appointment, role, communication, privacy and follow-up questions.

Format: which location types, durations and appointment formats do you offer?

Role: how do you describe your training, credentials and professional scope?

Preferences: how are comfort feedback and requests to pause, change or stop handled?

Privacy: how are boundaries and provider-specific policies explained?

Setup: who handles equipment, supplies, access, accessibility and cleanup?

Follow-up: what booking terms and written information are provided?

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MASSAGE THERAPY / 05

COMPARE THE SAME APPOINTMENT BRIEF

Use Providers A and B with the same non-medical brief. Clarify differences before comparing proposals.

Providers A / B / proposal or booking versions / discussion dates

Appointment format, duration and location type - A / B

Communication, privacy, setup and accessibility roles - A / B

Booking terms, follow-up information and open questions - A / B

READY TO HEAR FROM PROS?

Create an account on PickYourPro.ai only if you choose, then start a Massage Therapist request. Share a non-sensitive appointment, preference and communication brief so participating pros can compete with proposals. Compare written format, responsibilities, timing and fit. A private suitability and preference conversation with the massage professional, and health-care guidance when appropriate, may be needed before confirming an appointment.

One request. Every pro's best offer.

Start a request

Participation varies. A private suitability and preference conversation with the massage professional, and health-care guidance when appropriate, may be needed before confirming an appointment.

Planning guide: https://www.pickyourpro.ai/services/massage-therapy

National Center for Complementary and Integrative Health: Massage Therapy—What You Need To Know (official reference)

National Center for Complementary and Integrative Health: 6 Things To Know About Massage Therapy for Health Purposes (official reference)

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